



MEDIA RELEASE

FOR IMMEDIATE RELEASE

Malibu Author to Speak at Bank of Books about Atrial Fibrillation Book

Local Steve S. Ryan, PhD, author of *Beat Your A-Fib: The Essential to Finding Your Cure* will speak and sign books November 4 at Bank of Books as part of their Grand Opening celebration.

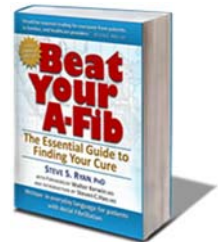


OCTOBER 29, 2012 MALIBU, CA. Steve S. Ryan, PhD, an 18-year resident of Malibu and former professor at Pepperdine University, has written a book exploring the heart disease Atrial Fibrillation—*Beat Your A-Fib: The Essential Guide to Finding Your Cure*. Reviews by cardiologists and A-Fib patients have been very positive.

Dr. Ryan had A-Fib himself and was cured back in 1998. “When I had A-Fib, it destroyed my life. I wrote *Beat Your A-Fib* to provide readable, reliable information on A-Fib and how to be cured.” Dr. Ryan is an avid 71-year-old sprinter who recently placed second in the 200 meters at the USA West Regional Masters Track and Field Meet.

Bank of Books will be hosting a book signing of Dr. Ryan’s book Sunday, November 4, 2012 from 3:00 to 5:00 PM at Point Dume Village shopping mall, 29169 Heathercliff Rd., # 109, Malibu.

The Book: *Beat Your A-Fib* is on Amazon.com’s Top 100 Best Sellers list in Heart Disease. Visit the ‘[Press Room](#)’ at [BeatYourA-Fib.com](#) for head shots and other photos, and graphics including an [A-Fib Fact Sheet](#) and a [Q & A with the Author](#). Visit our [Amazon.com](#) book page for over twenty 4-star/5-star customer reviews.



Steve Ryan, PhD, is a healthcare educator and advocate for patients with Atrial Fibrillation, the most common cardiac arrhythmia. Dr. Ryan is also editor and publisher of *Atrial Fibrillation: Resources for Patients* ([www.A-Fib.com](#)), now in its tenth year. *A-Fib.com* is a source of well-researched, unbiased information on current and emerging treatments, resources and medical research—all written in plain language. Every month tens of thousands of A-Fib patients and their families visit A-Fib.com seeking hope and guidance. Healthcare professionals around the world refer their patients to [www.A-Fib.com](#).

Dr. Ryan earned a Ph.D. in Educational Communications from the Ohio State University, and for many years he taught college film and television courses. He and his wife, Patti, live in Malibu, California.

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